



THE VIEW

Mountain View Community Association

Helpful Resource Information for Seniors

Updated January 2013

Visiting Angels

Direct phone number for Redlands office:

909-793-7788

Non-medical senior home care providers. Many services available at affordable hourly rates. Up to 24 hour care, errands and shopping, meal preparation, assistance in hygiene and light housekeeping. Also respite for family caregivers. Other services available.

Comfort Keepers

Direct phone number for Yucaipa office:

909-797-4499

In-home companionship and care services. Also personal care services.

Dial A Ride

For reservations call: **800-795-7887**

Monday – Saturday 6:00 a.m. to 10:00 p.m.

Sunday 6:00 a.m. to 8:00 p.m.

Will take you anywhere within the city limits for \$2.50 per ride.

Mo Van

For reservations call: **951-358-9202** Transportation to medical appointments for seniors 60 and over and disabled adults within a 35 mile radius. Wheelchair accessible. \$2.00 donation outside Moreno Valley and 25 cents donation within Moreno Valley.

The following two resources are through the Department of Social Services:

Inland Caregivers Resources Center:

1-800-675-6694

Each caregiver resource center serves as a point of entry to services available to care giving families in every county of California. Services are free or low cost.

Office on Aging

1-800-510-2020

Services provided include advocacy care, care management, respite, and in-home assistance and supplemental services.

You should always check with your supplemental insurance company to see what benefits you are entitled to..



Word is Medicare will only pay for Medical Home Health Care.