



# THE VIEW OCTOBER 2004

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Hi Folks!

There definitely is a change in the weather—more pleasant days with cooler evenings—to signal the beginning of fall. After living in the East for the past 26 years, I have to make an effort to notice the changes in seasons, but am happy to see they exist. The Luau was a wonderful way to mark the end of summer activities in our community. What a great turnout! It was nice to see so many new faces at the Luau. If you haven't had the chance to attend an event or activity, please come out and join in the fun.

Be sure to notice some of the time changes of various activities on the October calendar due to the cooler weather and shorter daylight hours.

Lori

## The Prez Says by Bob Vernlund

We live in a beautiful community. This includes both the physical and social aspects of Mountain View. If you attend the social activities that make this place special, you will find a quality of life that isn't available in many communities. We should be proud of the efforts of so many people who make living here a fun and exciting place. As a private community, we take care of each other. We look out for others and try to make everyone feel part of the Mountain View family.

Also, we belong to an association that brings with it certain responsibilities that are not like living in a regular community with City Hall calling the shots. We are a private community association that owns everything inside the walls and fences that surround us. There are civil laws in the state of California that govern community associations. We must comply with these civil codes. Beyond this, there are the "Declaration of Covenants, Conditions and Restrictions and Reservation of Easements for Mountain View" (CC&R's) that everyone had to sign before closing escrow on their homes. The CC&R's are laws which we must follow. They can be changed, but it takes the effort and involvement of all homeowners.

One of the CC&R's that I would like to bring to your attention is the repair and maintenance requirement for owners. On each lot, the "Owner shall maintain, at his sole expense, all of his Lot, the Residence and all other Improvements on the Owner's Lot in a clean, sanitary and attractive condition". Our developer chose not to treat the wooden fences and, if they are left unstained, they will deteriorate and need to be replaced sooner at the expense of the homeowner. They will become very unsightly and detract from the overall appearance of the neighborhood. This would be something that is not in compliance with the CC&R's "attractive condition." We have a lot of money invested in our homes and the future of this community. Let's keep it as a great place to live.

**MOUNTAIN VIEW HOMEOWNERS ASSOCIATION**  
**MEETING HIGHLIGHTS – September 22, 2004**  
*submitted by Joanne Phillips, Secretary*

President Bob Vernlund discussed the results of the survey regarding speed bumps and security cameras. There was a response rate of 28% of the 255 homes in the development. At this time, the proposals were tabled. Bob asked for volunteers to research the installation of fake security cameras as an alternative.

**MANAGEMENT REPORT**

- Ryland will replace the tile in the clubhouse card room.
- Manager submitted our light selection for the JFK gate to Ryland.
- Ryland will pay for the painting of the gate at JFK and the crash gates.
- Gate code will be changed from 2266 to 8735 the first of October. Please advise all of your vendors of this change.
- Streets will be sealed in the next few months. There was a suggestion to paint lane lines in some areas to discourage speeding.
- Residents were asked to report to Management any water pooling on streets. Ryland must repair this defect.

**DIRECTORS REPORT**

- Clubhouse doors will be installed by Thanksgiving by Home Depot for a cost of \$580.
- Board voted to purchase a new sound system for the Association.
- There is a newly installed suggestion box in the clubhouse atrium.
- Next HOA meeting changed to Wednesday, October 27<sup>th</sup> at 6:30 pm.
- Encouraged members to think about the Board election in January 2005. Two directors will be elected at that time.
- Violation Reports—Board members will call violators to discuss the issue prior to mailing a letter .

**COMMITTEE REPORTS**

**Facilities** – The putting green repair estimate was too expensive. The leak in the spa motor has been repaired. Management will check the locksmith's installation receipts to determine if we have a warranty on door locks. The pool room lock is in need of repair. A meeting is scheduled with an electrician to obtain estimates on outlets at both gates and two in the patio area.

**Landscape** – One palm tree at the clubhouse entrance is dead and should be removed as soon as possible. Several other palm trees at the Cactus entrance are diseased and Management will see that they are treated immediately. The Board approved a new landscape company, contingent upon visits by the Landscape Committee to review the company's projects in the area.

**Social Club** – The Luau was a great success and “kudos” to chairman Nancy Berger for her efforts. James Ricks, caddy to the stars, will be the guest speaker at the next Social Club meeting on October 6.

**Web Page** – Looks great – updated weekly. Keep your suggestions coming.

**Neighborhood Watch** – The next area captains' meeting is on October 13th.

**OPEN FORUM**

The Board agreed with the suggestion to create a summary of the violation process by our legal firm. This information will be available to residents in the newsletter and on the website.

Please discourage your gardeners from blowing grass clippings into the street.

There was a lengthy discussion regarding speeding vehicles in the development. Vendors and delivery trucks seem to be the culprits. Please caution them to slow down.

The Board agreed with the suggestion to create Area Directors, giving each area of our community a local representative to contact without having to take their concerns directly to the Board. The Block Captains from the Neighborhood Watch will be contacted to see if they can fulfill this role. If not, Area Directors will be appointed.

# **BOOK CLUB**

By Shirley De Carlo

The Book Club will meet at 10:30 a.m. on Thursday, October 28th. Bill Bryson, a travel writer, is the author highlighted this month. His books include:

*The Lost Continent*  
*Neither Here nor There*  
*Notes from a Small Inland*  
*Notes from a Big Country*  
*A Walk in the Woods*  
*In a Sunburned Country*

Pick one of the above and come join us at the Clubhouse for some discussion with a great group of people.

## *Neighborhood Watch*

**by Rick Hansen**

Ongoing efforts are being made to have metal plates installed on the inside of the pedestrian gates. Currently, anyone trying to enter the premises from the outside can reach through using a credit card, key, screwdriver or any other object to open the latch on the gate and gain entrance. Also, efforts are being made to install an extended mesh screen at the bottom of the automatic gates to keep someone from crawling under them.

**TIP OF THE MONTH:** Never give personal information to anyone on the phone. Right now there is a scam going on. Recently, I received a phone call saying that I had qualified for a \$25,000 government grant that would be wired directly into my checking account, and the best part was that I'd never have to pay it back. I did not give any personal information such as my social security number. I was told, "All you have to do is give me your checking account and bank routing numbers and the grant money will be wired directly into your account." At this point, I said, "Let me check into this further and, if you'll give me your phone number, I'll call you back." With that, the line went dead.

Please don't allow yourself to be victimized. Remember, if it sounds too good to be true, it probably is.

Our next zone captain meeting will be on Wednesday, Oct. 13th at 6:30 p.m. in the clubhouse. Our open resident meeting will be in November with the date and time to be announced November's newsletter.

## ***THE GARDNER'S CORNER***

*by Carole Sweeney*

***From the gardener's corner...*** October's weather makes heavy work almost enjoyable. Most perennials and some annuals can be transplanted or divided and replanted. These include acanthus, agapanthus, Japanese anemone, astilbe, bergenia, evergreen candytuft, columbine, coral-bells, foxgloves, bearded iris and daylilies. Use a spade or sharp knife to separate the large clumps or gently pull apart individual plants. Discard the old unproductive sections. Trim the young growth to 4 or 6 inches. Dig in compost, replant and water in the well.

Many perennials can be cut nearly to the ground. Some woody perennials will look better next spring if they are cut far back rather than sheared. Later in the month cut ginger and cannas right to the ground after they finish flowering. At the same time, prune oleanders so they can grow through winter and flower next summer. **Garlic lovers...** plant garlic now in rich, well-drained soil to develop a strong root system, resulting in larger heads next summer. **Lawns...** this is one time of year when a complete fertilizer is recommended for lawns. NPK fertilizer, phosphorus and potassium feed the roots over winter. The return of cool weather gives you another opportunity to eradicate broadleaf weeds. Many weeds start out in fall and are at their most vulnerable stage. Herbicides work best in warm, not hot weather. Lower your mower blade to 1.5 inches. This will reduce water use too. Aerating your lawn at this time each year will improve penetration of water into the soil and promote new growth. Regrettably, cool, moist weather brings back snails and slugs. Hand pick or stomp them after dark.

***Garden Club News...*** Our speaker for October is Joan Lettebetter, Master Gardener, who will present a program on "Garden Embellishments." I've been told it is a really special presentation, so please don't miss it. Tickets for a visit to the poinsettia farms in November are on sale now. Please see our flyers.

## **LADIES' GOLF**

by Nancy Berger

**Wanted:** Two leaders for golf.

1. A couples leader—you might want to travel around to different courses.
2. A second ladies' golf group for another day of the week. The present group meets on Fridays.

If interested in leading one of these groups, call Nancy.

## The Life and Times of a Snail

Submitted by Meredith Teague

Snails came upon this earth 2,000 years ago. “*Helix aspersa*,” the brown garden snail is the bane of our existence. Did you know that people keep snails as pets? Check it out on the internet—there are fan clubs, a “love my snail” chat room, games, classes and hobbies. In Eugene, Oregon, the snail is the object of an annual celebration which includes a parade featuring a 40-foot slug and residents competing for the honor of “Slug Queen.”

The largest known snail, weighing two pounds, was found in Sierra Leone in 1856 and named Gee Geronimo. Snails were brought to the United States by the French in the 1800’s. In France, 45,000 snails are consumed per day. We can buy them at Ralph’s for \$14.96 a tube.

Snails produce a slime and can crawl across a razor edge with no injury. The lifespan of a snail is at least 5 years and up to 15 years. They eat with a tongue-like thing called a “radula,” which has rows of tiny teeth. They cannot hear, are nocturnal, and crawl upside down. The fastest documented speed of a snail in the Guinness Book of Records was more than 55 yards per hour.

Snails are bisexual and lay an average of 85 eggs per month. They hatch in 2-4 weeks in low temperatures and low humidity. Peak activity is February through October, during the night or early damp morning. Mature snails hibernate in topsoil during the winter.

How can you eradicate these strangely viewed creatures?

- Most common: toss them out into the street (not very effective).
- Traps: lettuce and fish foods, banana peels, inverted grapefruit halves, raw potatoes, fermented breads in your garden.
- Beer: slows them down (A Colorado State University study revealed that slugs prefer Kingsbury Malt Beverage)
- Natural enemies: snakes, toads, frogs, geese, beetles, fireflies, birds, ducks, humans.
- Salt drains water out of the snail and kills it immediately, but is toxic to your plants and not good for the soil.
- “Sluggo” kills snails and slugs (cost approximately \$12). It is a blend of iron phosphate (a source of plant nutrients and additives) and is safe around children and pets. “Slug and Snail Bait” is environmentally friendly and safe for birds and pets (cost approximately \$15). ***Avoid poisonous snail/slug bait which is not safe for children or pets!***

You can find more information about snails on the internet. Look it up one day—it’s a hoot!

**WANTED**

Fall decorations for Clubhouse . . .

# BUNCO

Wow, We Had 6 Tables this Month!  
Don't Know What You're Missing? Come Join Us!

Most Buncos - Peggy Meddings (\$28.00)  
Most Baby Buncos - Twila DeWalt (\$5.00)  
Most Wins - Katie Brambila (\$28.00)  
Most Losses - JoAnn Foronjy (Got her \$3.00 Back!)

TUESDAY, OCTOBER 12, 2004  
(2<sup>nd</sup> Tuesday of the Month)

6:30 PM

*Fran Martinez is going to do her fabulous Quesadilla's! We'll bring the Wine Coolers,  
Margaritas, the Chips and the Guacamole!*

For more information contact:

Sue Janssen - 242-0959 or Sharon Shavce - 247-2772  
[ESJanssen@adelphia.net](mailto:ESJanssen@adelphia.net) or [SShavce@Gmail.net](mailto:SShavce@Gmail.net)

## BOWLERS

*by Nancy Berger*

We still have openings on Thursday mornings at 9:00 a.m. (Inflation Fighters). The cost is \$8 per week for the winter season which ends on May 5, 2005.

Come and join us. It's fun and good exercise.

## WATER AEROBICS

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# Here's to Your Health

By Georgene Tacke, RN, MS

*Walking is good for your health! It can help you shed pounds, reduce the risk of disease, and tone and strengthen your muscles. Many walkers also feel more energetic and happy, and sleep better!*

*One hour of brisk walking can burn 300 to 500 calories, and it's easier on the knees, hips, and ankles than running. Of course, always check with your health care professional before you begin any exercise program. With your doctor's blessing, lace up those sneakers and take a step in the right direction. Walking is one of the most inexpensive ways to stay in shape. Other than your own two feet, you don't need much more than a good pair of shoes and comfortable socks.*

*You learned the basics of how to walk as a toddler, but to reap all the health benefits of walking, you'll need to perfect a few techniques. Walk with your chin up and your shoulders slightly back, swing your arms, and keep a brisk pace. You want to move fast enough so that your heart rate increases, but you should still be able to carry on a conversation. Of course, any walking is better than none.*

*Easy ways to fit walking in your busy life include parking your car farther away from the store, taking a 20-minute stroll after dinner, picking up your pace in the mall (walk around the mall briskly first and then start window shopping), treating the dog to a longer walk, or walking instead of driving whenever you can.*

*Start by walking 10 minutes a day, four days a week, and work your way up to 30 minutes a day, six days a week. As you become more active, try to walk a mile in 15 minutes and walk further as you progress.*

*If you need motivation, you can buy a pedometer at a reasonable price. By keeping an eye on your steps, you'll be reminded to be more active throughout the day. A good goal is 10,000 steps a day. You'll be surprised how many steps a day you normally do take. Of course, walk when the weather is comfortable, not hot. Autumn is just around the corner and it will be cooler in the evenings.*

*Have a good walk!!*

## PULL TABS

At the last TGIF, 3-1/2 pounds of pull tabs were collected. Approximately 84 tabs equal an ounce. Marilyn Dawson won the contest, but please continue to collect tabs and I will report on the rise in poundage. I have contacted a representative at the Valley View Dialysis Center on Cactus who will deliver them to Ronald McDonald House.

Thank you for your donations! Nancy Berger

# The Taste Testers Dine Out Group

By Kay Howe

\*\*\* **SAVE THE DATE** \*\*\*

**Sunday, October 24, 2004**

**5:00 pm**

**Fall Kickoff for the "Taste Testers"**

**CHICAGO Pasta House**  
**24667 Sunnymead Boulevard**  
**Moreno Valley**  
**(Northern Italian Cuisine)**

**For reservations, contact Kay Howe**  
**RSVP no later than Tuesday, October 19th.**

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## Taste Testers' Guide

### **Hickory Ranch Steakhouse**

32971 Yucaipa Blvd, Yucaipa (909-790-1953)

Wide Menu selections—Banquet Facilities—Children's Menu—Sports Bar

Reservations Accepted—Daily Senior Specials

Hours: Sunday 9 am-9 pm, Monday-Thursday 11 am-9 pm, Friday-Saturday 11 am-10

pm

### **Joana's Italian Restaurant**

24825 Alessandro Blvd, Moreno Valley (951-488-9982)

Hours: Weekdays 11 am-9 pm, Saturday-Sunday 9 am-10 pm

### **Rib Cage**

24170 Sunnymead Blvd, Moreno Valley (951-242-3373)

Tennessee Style BBQ

Open Tuesdays through Sundays—Reservations Recommended

# ALL ABOARD!

The conductor's calling all guys and gals to hop aboard the Metrolink train for a scenic ride into Los Angeles. Our first destination is the "must see" Union Station. We'll take a self-guided tour of this beautiful old station, one of the last grand railroad stations in America.

Across the avenue, we'll visit Olivera Street, the original downtown Los Angeles. Colorful booths full of original Mexican wares will delight all shoppers! The aroma of freshly cooked ethnic foods will tempt us to "taste test" from every booth as we stroll this popular area of LA.

For the more adventuresome, we'll go underground for a 'faster than light' subway ride on the clean, new Metro Red Line.

At 4:00 p.m. the gang will meet up for drinks and light snacks before reboarding the Metrolink at 5:00 p.m.

## **Important Information**

DATE: Wednesday, October 13, 2004  
TIME: 6:45 a.m. Meet at the clubhouse for carpooling  
DEPART: 8:15 a.m. from Riverside Metro Station  
RETURN: 5:00 p.m. from Union Station  
ARRIVAL: 6:30 p.m. Riverside  
COST: \$9.00 Roundtrip Metro Ticket

**Contact Kay Howe to sign up for this trip or for further information by Friday, October 8<sup>th</sup>.**

# Paint on Glass

*By Jo Pavlik*

*We had a great time learning about the one-stroke paint technique and some hints for glass painting. All of the DaVinci's and Picasso's were in rare creative form practicing their blending and brush strokes. A video is circulating; call Jo to get on the reserve list. At our next class, we will review some painting tips and then the painting party starts!!!*

*Next Class: Thursday, October 14<sup>th</sup> at 6:30 pm*

*Where: Clubhouse Art Studio*

*Bring: Item(s) to paint and design idea(s)*

***Call Jo Pavlik for questions***

## **WELCOME NEIGHBOR**

*by Meredith Teague*

There has been a lot of real estate action at Mountain View recently. You may have received a newsletter from a realtor with the following information:

**CURRENTLY SOLD:**

28330 Grandview

14579 Grandview

14749 Pikes Peak Way

28864 Big Pine Way

28530 Grandview

14560 Grandview

**CURRENTLY IN ESCROW:**

28869 Big Pine Way

**AVAILABLE FOR SALE:**

14544 Everest Way

14692 Grandview

14664 Grandview

I need your help. Please contact me when a new resident moves into one of these homes. Call or e-mail me so that I can contact our new neighbors as quickly as possible. Also, to my knowledge, 14525 Everest has not been occupied.

Thanks so much for your help in the past.

## **Ladies Luncheon**

*By Joyce Collins*

There will be **NO** Ladies Luncheon in October.

Mark your calendars for **Saturday, November 13th**  
for lunch and shopping at

### **Tom's Farm**

in Corona

Watch for details in November's issue of **The View**.

# WHAT'S HAPPENING

by Marilyn Dawson

A great time was had by all at the September 12th Luau, with the largest attendance of any event so far (122 residents and guests). The food was great and the entertainment very enjoyable. Thank you Nancy and all of your helpers for a wonderful evening.

October promises to be another exciting month of activities. The Social Club meeting will feature guest speaker, James Ricks, who has caddied for the rich and famous. A TGIF is planned for October 15th. It's a great way to meet your neighbors.

With the holidays coming soon, don't forget to reserve your table at the annual Holiday Boutique.

And, remember,

*the more you do, the more fun you'll have!*

MAHALO .

to all the wonderful helpers at our recent Luau. Thanks to those who helped out with tables and chairs. We had seating for 130 people. Also, thanks to all those who helped with the decorating, clean-up, food servers, bartenders, greeter, 50-50 and flower lady.

A special **MAHALO** to all the entertainers. The special community "hula girls and guys" worked very hard with Terry O'Brien for several weeks. The line dancers showed us that they don't just do western dances, and Lani made us wish we were 18 again. She is a beautiful dancer and grandma was very pleased to share her with us.

**MAHALO** also to my husband for his computer help, bartending and putting up with me for the last month in preparation of the luau. And to all those who attended—without your participation we couldn't have succeeded.

We had 125 people sign up and only 3 couldn't make it. The spontaneous dancing made a great ending to a great party.

**MAHALO,**  
Nancy Berger