

THE VIEW

MAY 2005

Mountain View Community Association

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Hi Folks!

Some of the activities at Mountain View are changing to reflect the arrival of warmer and longer days. Water Aerobics is back on the calendar for May and business is picking up at the pool and hot tub. Your Social Club committees have been working hard to plan great new events for all to enjoy, like The Garden Tour and Tea this month. Watch for some exciting trips and tours in the near future. Don't miss out on these great activities.

—Lori

THE HOA BOARD LETTER

By the time this newsletter goes to print and is distributed, the vote regarding parking will be completed. I hope that this will end the issue and everyone will comply with the CC&R's and Rules and Regulations, no matter how the vote turns out. The Board can only enforce the CC&R's as written, they have no choice.

We need to move on to other issues. Fences need to be stained. Residents are violating the age restrictions (please read this month's Did You Know column). We need to continue to improve the clubhouse and pool area, and the common area landscaping, etc. I hope we can move on from the parking issue and concentrate on these.

Why do some residents get so upset when they receive a Courtesy Letter from the Property Manager? The letter is nothing more than a courtesy to inform you of a possible violation of the CC&R's or Rules and Regulations and asks you to respond. Just let the Property Manager know what the circumstances are, if it has been corrected, or if there is no violation.

We are not a large community. We cannot afford a full time security force or manager like Sun Lakes or Oasis. One way of enforcing the CC&R's and Rules and Regulations is through observation. The Property Manager makes periodic inspections, we as Board members see possible violations, and you and your neighbors have the right to post a complaint with the Property Manager. The Property Manager then writes a letter to the homeowner explaining the possible violation and asks for an explanation. You can phone, e-mail or write your explanation to him. Sometimes these observations will not be a violation or there will be circumstances that are reasonable or beyond your control. Let the Property Manager know. It will take some time to make this system work and mistakes will be made. Please don't be upset if you receive a Courtesy Letter.

If you have a better way to enforce the rules, please let us know. We all need to cooperate to make this work.

DID YOU KNOW?

by Fred Humphrey

Each month we are writing a DID YOU KNOW column to cover rules and regulations. Hopefully by the end of the year, we will have covered all of the major areas regarding common facilities use, parking, landscaping, signs, etc. This month's column is about who can live in Mountain View. These rules were written for over 55 housing. The Association cannot waive these rules unless it wishes to relinquish its status as a senior community. Most of these rules are required by state and federal law.

WHAT DO THE CC&R's AND RULES AND REGULATIONS SAY IN PLAIN ENGLISH ABOUT WHO CAN LIVE IN MOUNTAIN VIEW AND WHAT ARE THE RESTRICTIONS ON HOW MANY FAMILIES CAN OCCUPY A HOUSE, AND VISITORS?

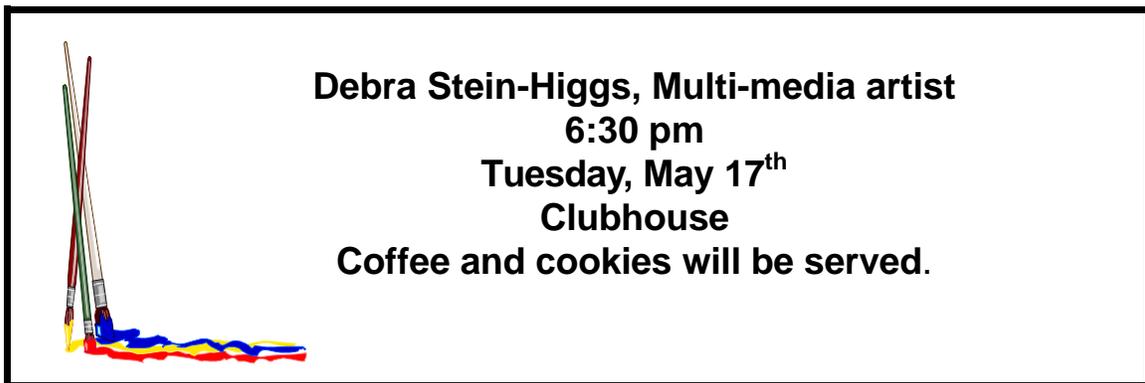
1. This is an over 55 age-restricted community.
2. Each lot shall be used as a dwelling for a single family and for no other purpose.
3. Each occupied residence shall be permanently occupied by one or more Qualifying Residents. A Qualifying Resident is a person who is 55 or older.
4. For purposes of qualification under state and federal law governing senior housing, permanent occupancy shall mean that a Qualifying Resident considers the residence to be his or her legal residence and resides on the Lot for at least 6 months during every calendar year.
5. Qualified Permanent Residents and Permitted Qualified Health Care Residents may occupy a residence as long as it is occupied by at least one Qualified Resident. A Qualified Permanent Resident is (a) a person who was residing with the Qualified Resident prior to death, hospitalization, or other prolonged absence and (b) was 45 years or older, or was a spouse, cohabitant, or person providing primary physical or economic support. A Permitted Health Care Resident is a person hired for compensation to provide live-in, long-term, or terminal health care to a Qualifying Resident.
6. A permanently physically or mentally impaired or terminally ill child who is dependent on the Qualifying Resident or Qualified Permanent Resident may also occupy the residence as a Qualified Permanent Resident unless the Board determines that there are special circumstances to disallow such dependent child.
7. Upon the death, dissolution of marriage, or upon hospitalization or other prolonged absence of the Qualifying Resident, a Qualified Permanent Resident may continue to occupy the Residence subject to certain restrictions regarding the total number of Residences occupied by persons under 55.
8. Each lease or rental agreement and each purchase agreement for resale of a Lot in the Properties shall contain a statement above the signature line for the lessee or purchaser asserting that at least one occupant of the Residence shall be 55 years of age or older.
9. A visitor may not stay in a Residence for more than 60 calendar days (whether consecutive or non-consecutive) per calendar year.
10. These conditions were written under the authority of applicable law. All amendments, restatements, and interpretations of law governing "senior citizen housing developments" and "housing for older

Join Us For “An Evening of Art ”

Debra Stein-Higgs is a local Moreno Valley artist who has been painting for over thirty years. Her preferred medium is oils, and she is also proficient in acrylics and watercolor. Debra has painted seascapes, landscapes, still life, and portraits. Her work has been displayed at various galleries and shows throughout the area. Because of her interest to support art in Moreno Valley, she is an active member of the Moreno Valley Art Association, its recent past president, and is the organizer of Moreno Valley art shows and exhibits. Debra also teaches art classes in a Fontana Adult Community, Moreno Valley Art Guild, and Michael's Crafts. Some of your Mountain View neighbors are enjoying her Saturday morning class.

***Come to watch this artist perform her magic!
Debra has generously offered an original print to be raffled off
with the proceeds to benefit our social club.***

Join us for a demonstration on painting techniques that could stimulate **your** creative side! Whether you are an accomplished artist or a beginner, whether you need a creative release or just want to take a chance on winning the print, you will enjoy this evening.



Call Meredith Teague or Jo Pavlik for more information.

Three elderly gentlemen were talking about what their grandchildren would be saying about them fifty years from now.

"I would like my grandchildren to say, 'He was successful in business'," declared the first man.

"Fifty years from now," said the second, "I want them to say, 'He was a loyal family man'."

Turning to the third gent, the first gent asked, "So what do you want them to say about you in fifty years?" "Me?" the third man replied. "I want them all to say, "He certainly looks good for his age!"

THE GARDENER'S CORNER

by Carole Sweeney

From the gardener's corner... May is an ideal month to **plant the heat lovers** – the vegetables and flowers that thrive when the weather is hot and sunny. **Plant citrus** and other tender trees now. Keep the soil well mulched to hold in moisture to conserve water. Too little water results in stunted growth and reduced fruiting. **Paint trunks** with white indoor latex paint, thinned with water, to prevent sunburn damage.

Thin walnut sized tree fruits for superior fruit quality. Tree branches may break if too much fruit is left on them. Fruit-heavy citrus need not be thinned. "June Drop" usually takes care of the excess fruit. If you see any peach leaf curl on your peach trees, collect and destroy the leaves. Do not add them to your compost or mulch.

Plant begonias, coleus and impatiens in **shady garden areas**. Plant ageratum, canterbury bells, lobelia and salvias in **light shade with partial sun**.

Weekly until fall, prune the spent blooms on **roses** down to the first five-part leaf or a bit further to gently shape the plant. Water only in the mornings so water on the foliage will dry before sunset to prevent mildew and other diseases.

Encourage **bees** to visit your garden for better pollination—plant basil, borage, calendulas, lemon balm, mint, summery savory, thyme and other plants with blue flowers. To attract **butterflies**, plant marigolds, sweet William, zinnias, verbena, scabiosa and other daisy-like flowers.

Happy Digging in the Dirt!

Garden Club News... Check flyers for the **Garden Tour and Tea** on May 14th. We have a lovely group of gardens for you to tour and see what grows here in MountainView. The Tea is at 3:00 p.m. and promises to be a lovely event. Hope you made your reservations early. Bev Bailey, as well as one other possible person, will be shuttling people from garden to garden.

Summer Bowling starts in June and ends around Labor Day.
More information to follow.



Save the dates of June 4th & 5th for the **Relay for Life Cancer Walk** to, again, be held at the Valley View High School track. For more information, call Nancy Berger.

Nutrition & Weight Management Program

By Sharon Cristino

Come join our group on Tuesday, May 3rd at the Clubhouse at 6:00 p.m.

for an interesting demonstration. If you have any questions, ask our Tai Chi group which meets twice weekly or ask our instructor Suzanne Werner.

Tai Chi helps with symptoms such as arthritis, strengthening the immune system, high blood pressure and osteoporosis.

Recent Study

A recent study in the prestigious "Journal of the American Medical Association" found that Tai Chi can help improve the balance of the elderly and help reduce the risk of falling. In fact, in comparison to other exercises, including weight training, stretching, endurance training, and balance training, Tai Chi was the most beneficial exercise, reducing falls and their resulting injuries by 25%. ("The Journal of the American Medical Association," May 3, 1995, Vol. 273, No 17, pp. 1341-1347.)

Origin

Chi Kung has its origins in prehistoric China, and evolved first as a medical practice, then as a spiritual practice, and then as a martial art. It started with simple movement and breathing techniques and slowly evolved into the Animal Frolics, Dao In, The 8 Treasures, 8 Pieces of Brocade, Bone Marrow Washing; and much later, Tai Chi Chuan, Hsing I, and Ba Gua. A few specific Chi Kung sets available today are called the Wild Goose, Flying Crane, and the Swimming

POP-TOP UPDATE

By Nancy Berger

WOW! Since the last report, we went from 56 pounds to a total of **70 POUNDS**. Many thanks all Mountain View residents who are participating in this worthwhile activity. It is truly inspirational to be a part of this effort. Every tab counts.

**VOLUNTEERS
NEEDED**

NEWSLETTER ADVERTISING EDITOR TGIF ORGANIZER

If you would like to volunteer, please contact:

Joan Williams
Marilyn Dawson
Jo Pavlik
Janet Papiernik



BOOK CLUB

By Shirley De Carlo



Come and join the Book Club on Wednesday, May 25th, at 10:00 a.m. in the Clubhouse as we go hitchhiking.

This month's selection is ***THE HITCHIKER'S GUIDE TO THE GALAXY*** by British author Douglas Adams. It is the first of five novels from the Hitchhiker's series and was a television program in the early 1980's and will soon be a motion picture.

Together let's stick out our thumbs to the stars and begin a wild journey through space and time just seconds before the Earth is demolished for a galactic freeway.

Project Linus

...providing security for seriously ill and traumatized children.

By Janet Jarosh

Join the Mountain View group of Project Linus Blanketeers in hand-making security blankets for the children at Loma Linda University Children's Hospital. They can be knitted, crocheted, quilted or fleece...any style, any color, machine washable, in child-friendly colors. For ages newborn to teenage. (Boys blankets are always in short supply).

Some of us meet at the Clubhouse on Wednesdays at 8 am with the Coffee Group for "show and tell." It's always fun to share our talents! If you knit, crochet, quilt or make fleece blankets or are interested in learning, call Janet or come on down and join us.

SPEEDING SCHOOL BUSES

(This was reported by J. M. Noon of 14700 Grandview Drive.)

On Thursday, April 7, 2005, at approximately 8:06 a.m. a speeding school bus nearly broad-sided a resident's car while backing out of his driveway on Grandview Drive.

If you see any school bus speeding, please call:

(951) 485-5600, Ext. 17246

Ms. Judy Waggoner

Business Services and Transportation



What's Cooking?

By Helen Grogan

HAPPY SPRING EVERYONE! For the next few weeks, I'm going to focus on some salads. Personally, I love anything with spinach. It's very tasty and the bonus..... HEALTHY. ENJOY.

SAUTEED SPINACH WITH RED ONION, BACON AND BLUE CHEESE

- 2 teaspoons extra virgin olive oil
- 1/2 cup thinly sliced red onion
- 2 cloves garlic, minced
- 1 - 10 oz. bag fresh spinach, tough stems removed
- 2 strips center cut bacon, cooked and crumbled
- 1 tablespoon crumbled blue cheese

Heat oil in large nonstick skillet or Dutch oven over medium-high heat. Add onion and saute until it begins to soften, about 1 minute. Add garlic and saute until fragrant, about 30 seconds more. Add spinach and cook, stirring, until just wilted, about 2 minutes. Remove from heat, stir in bacon and sprinkle cheese on top. Serve immediately.

Makes 2 servings



Ladies' Luncheon

China Garden

23300 Sunnymead Boulevard, Moreno Valley

May 17, 2005

Meet at the Clubhouse to carpool at 12:00 noon

RSVP by May 14th to Joyce Collins

BUNCO!!

Bring \$4.00 and Join Us at the Clubhouse

*Most Buncos - (Tie) Peggy Meddings/Fran Martinez/Lori Humphrey
Most Baby Buncos - Helene Hippaka
Most Wins - Doris Asciak
Most Losses - (Tie) Godfrey Asciak/Marilyn Dawson/Twila Dewalt/
Judy Kathriner/Marge Kross
Last to Hold Fuzzy Dice - Sharon Shavce*

TUESDAY, MAY 10, 2005

(2nd Tuesday of the Month)

6:30 PM at the Clubhouse

What we'll bring: Appetizers to die for!

For more information contact:

Sue Janssen - 242-0959 or Sharon Shavce - 247-2772

ESJanssen@adelphia.net or SShavce@Gmail.net

BINGO!

TUESDAY, MAY 24, 2005

(4th Tuesday of each Month)

6:30 PM @ THE CLUBHOUSE

COST: \$4.00 AT THE DOOR

BINGO CARDS: 3 CARDS FOR \$1.00

*March Winners - Sharon Cristino (2), Fran Martinez, Beverly Bailey, Doris Asciak, Jo Pavlik,
Joan Brodowsky, Marilyn Dawson
Full House Winner—Sharon Cristino*

Bring snacks (finger foods). Wine & other drinks will be provided.

For more information contact:

Godfrey Asciak (485-5138) or Mike Frahm (485-3095)

WHAT'S HAPPENING

by Joan Williams

What an interesting speaker we had for our April Social Club Meeting! Did you know that the town of Moreno was the first town established in this area? And the center of town was the intersection of Redlands and Alessandro? Vi Hamner entertained and informed us of the beginnings of our history here in Moreno Valley, both with facts and stories. We spent a most enjoyable evening with her.

I guess everyone really enjoys our TGIFs. We had more than 40 residents turn out for the last one—with wonderful food, and good company. Thanks so much, Joan and Joe Brodowsky, for arranging a great get-together.

Our Italian Dinner takes place after my deadline for the newsletter. Sharon Shavce and Joanne Phillips have really been pulling out all the stops for this one. I know it will be terrific, and judging by past experience, well attended. We always have fun at our catered affairs.

Our May Garden Tour and Tea is on track. We have at least 11 homes signed up for the garden tour, and the Tea is proving to be very popular—judging by the early sign-ups. Be sure to reserve May 14 for an opportunity to look into your neighbors' backyards.

With HOA approval, we hope to offer a painting class to our residents in June. The teacher will be a professional artist, and will offer instruction in oils, watercolor, and acrylics. This is your opportunity to learn how to paint. Classes will cost \$10 each meeting, and will be paid for in advance. We'll give you more information next month.

We still have time for you to nominate yourself to serve as an officer on next year's Social Board. There are openings for Chairman, Vice Chairman, Secretary, and Treasurer. Contact a person on our nominating committee (Marilyn Dawson, Sharon Cristino, or Maggie August) if you are interested. Here is an opportunity to get involved in our community social life.

We also have a number of committee positions opening in June. These people coordinate the social activities of the community. Joan and Joe Brodowsky have been in charge of our TGIFs for the past two years, and have made them the terrific experience we have come to enjoy. We offer the opportunity to someone else. If you like to shop, you'll love organizing the TGIFs.

Sharon Cristino and Kyung Son have done such a good job on our newsletter advertising that we haven't had to charge you (HOA) for the past two months! It is an important job, and we need new volunteers to take it over in June. Contact a board member if you are interested. Remember folks, our advertising saves you money!

Take advantage of the opportunities to make your contribution to our wonderful community.

Note: Reserve June 3rd for a Wine Tasting Party at the Clubhouse at 6:30 pm. Look for details in the June issue of this newsletter.