

THE VIEW MARCH 2005

Mountain View Community Association

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Hi Folks!

Another great month at Mountain View has passed. The Super Bowl Soup Cook-Off was a great success. Jack Janssen, the chili champ, won with his delicious stuffed pepper soup—his recipe is featured in the *What's Cooking* article in this newsletter. The Valentine's Dinner at Fusion Cafe was a huge success, with 48 residents attending. Kay Howe did a great job organizing the event—the tables were decorated beautifully. We even turned that little restaurant into a dance hall that evening—a nice touch for our Mountain View Valentines. George Sweeney provided many of us with a wonderful day at the Palm Springs Follies—very impressive show. We left the theater with warm memories and humming those great tunes of yesterday. We enjoyed another great ladies' luncheon at Hickory Ranch, thanks to Joyce Collins. Check inside this issue for all the events planned for this month. Don't miss out on the fun! -Lori

THE HOA BOARD LETTER by Fred Humphrey

Hello. Your Board for 2005 has been elected—

President—Fred Humphrey
Vice President—Katie Wenke
Secretary—Joanne Phillips
Treasurer—Don Mac Isaac
Member-at-Large—Jack Janssen

2005 promises to be a great year for your HOA. Our agenda is to continue the work of the previous Board and to concentrate on making Mountain View a great place to live. Last year was the first year your HOA had complete control of the Board, without Ryland. We still have much to learn but each year will get better.

I ran on a platform of enforcement of the CC&R's and Rules and Regulations and I intend to live up to that promise. Also, I intend to ensure that each Homeowner understands exactly what the rules are so that we can all comply with understanding. It will be much easier to comply because everyone will be on the same page and enforcement will be uniform.

To live in a community like Mountain View requires some rules to guide us. We need a common understanding of these rules so we can live in harmony with our neighbors. Keep in mind that we all have a little different perspective of the rules and how they should be enforced. Coming to a common understanding requires some give and take, a little compromise, and a whole lot of patience to accomplish. Hopefully we will reach this goal in 2005.

MOUNTAIN VIEW HOMEOWNERS ASSOCIATION
MEETING HIGHLIGHTS — FEBRUARY 16, 2005
by Joanne Phillips, Secretary

MANAGERS REPORT: Explained the process of violation reports after investigations are conducted—(1) initial courtesy letter, (2) second letter, (3) notice of hearing, (4) fines, (5) legal.

Ryland installed the cement base for the light at the JFK entrance and installation should be completed in two weeks.

COMMITTEES:

FACILITIES: Al Martinez repositioned the light at the keypad at the JFK entrance. The gate at Eagle Head has been repaired. Don Papiernik replaced 28 lights at the Cactus entrance. Al and Don replaced rope lights on palm trees at both entrances. David Lidyoff has purchased the sealant for the card room floor. Management will obtain architectural bids for a proposed slab on the patio. Management will also obtain bids to weatherproof doors at the clubhouse and exercise room. Sue Janssen is in the process of obtaining three bids for the purchase of chairs and lounges for the pool area.

LANDSCAPE: Watering problem at the urn in the entry to the clubhouse is being repaired and red verbena will be planted upon completion. Board approved expenditures from Artistic Maintenance to plant a palm tree and flowers at the keypad at JFK, plant bare areas to prevent erosion, and replace slope plants with rosemary from the former model homes to San Jacinto.

DESIGN AND REVIEW: Al Denno requested additional volunteers for the committee. The Board supplied him with four additional names. Design guidelines are on the website.

SOCIAL CLUB: Super Bowl soup contest was won by Jack Janssen—again! St. Patrick's Day Corn Beef and Cabbage Dinner was cancelled due to lack of a volunteer chairman. Joan Williams invited the community to attend the Social Club board meetings—all interested residents are welcome. Next social board meeting is March 2nd at 9:30 a.m. after Wednesday coffee. Next TGIF is March 18th and the theme is "think green." Joan Williams encouraged homeowners to consider running for office for the Social Club—president, vice president, treasurer and secretary.

WEB PAGE: Sue Janssen encouraged homeowners to access the Web Page. Includes all HOA forms, Rules and Regulations, Design Guidelines, Board officers' phone numbers and email. Also includes an emergency 911 listing and a link to Moreno Valley City's webpage.

HOMEOWNER INPUT: Suggestion was made to have Mountain View signage installed at the JFK entrance. Management will also obtain bids for replacing signage at the Cactus entrance as the existing signage is rusting. At the next landscape walk-thru, Management and Artistic Maintenance will discuss the installation of light collars for the large palm trees.

UNFINISHED BUSINESS: Delegates—tabled. After Board discussion, Management was directed to continue processing bids for Janitorial services.

BOARD APPROVALS: Approved Crystal Painting Company's bid to paint clubhouse contingent upon paint selection. Reviewed and approved proposals from Artistic Maintenance.

NEW BUSINESS: Discussed employing a handyman for all common area facilities—tabled as this was not a budgeted item. Will reconsider when finalizing the 2005/06 budget. Board approved all committee members. Reviewed all action items.

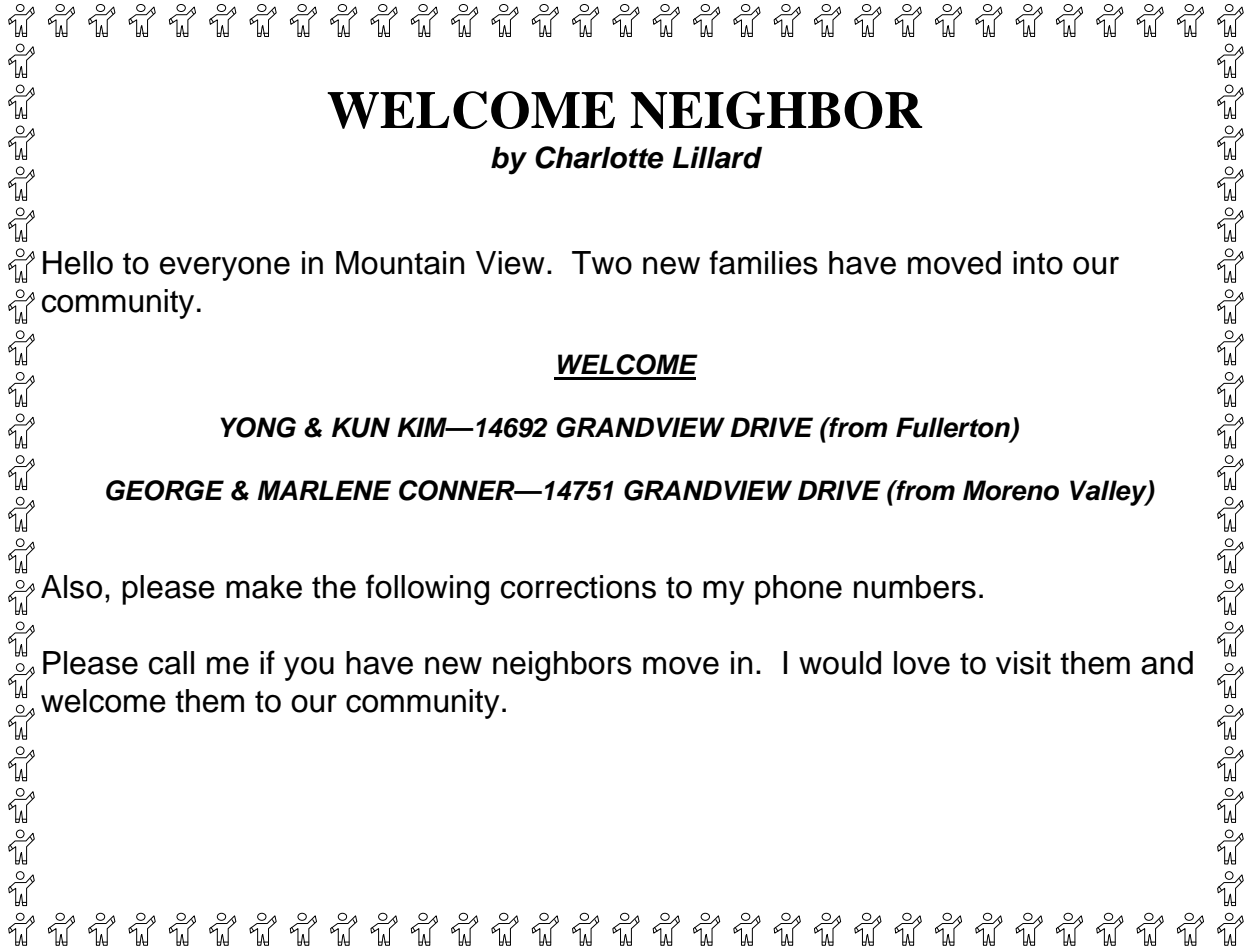
DID YOU KNOW?

by Fred Humphrey

Each month we are going to write a DID YOU KNOW column to cover rules and regulations. Hopefully by the end of the year we will have covered all of the major areas regarding common facilities use, parking, landscaping, signs, etc. Here is the first of these articles. With summer coming, I thought it would be appropriate to cover the use of the pool and spa. (*Comments in italics are explanations and not part of the formal rules and regulations.*)

POOL & SPA RULES

1. Guests must be accompanied by the hosting homeowner/resident. The maximum number of guests is six (6) per residence. *Our pool and spa have a maximum of 30 and 10 people, respectively, and we have 255 homes with at least one resident per home.*
2. No glass or sharp objects are allowed in the pool or spa. *This is a safety issue.*
3. Individuals under the age of 14 years are not allowed in the spa. (Health Code) *This is State law and we have no choice. Spa water temperatures can be very harmful to children under age 14, especially infants.*
4. Individuals under the age of 14 years are not allowed in the pool unless accompanied by a responsible adult of 21 years of age or older. *This is a safety issue. (see rule 15)*
5. Incontinent persons, including those in diapers or children who are not toilet trained, are not allowed to use the pool. *This is a health issue.*
6. No soap, bath oils, etc. are allowed in the pool or spa. Bathers must shower prior to entering the pool or spa.
7. Diving is not permitted in any areas of the pool or spa. *This is a safety issue.*
8. No running, pushing or boisterous activity is allowed in or around the pool or spa areas. *This is a safety issue.*
9. Radios, cassette/CD players, and TVs may be used with earphones only.
10. No wheeled toys or vehicles including skateboards, roller blades, roller skates, or bicycles are allowed in the pool or spa area.
11. No smoking is allowed within the fenced boundaries of the pool and spa area.
12. Each resident is responsible for placing his/her – and their guests' – litter and debris in the trash receptacles prior to leaving the pool/spa area.
13. No floating or inflatable devices will be permitted in the pool or spa except water wings.
14. No pets are allowed on the courts at any time except seeing-eye and hearing dogs.
15. Use the pool and spa facilities at your own risk. The Association does not employ a lifeguard or other personnel to monitor activities at the pool and therefore cannot be held liable for any injury or damage that may occur.



WELCOME NEIGHBOR

by *Charlotte Lillard*

Hello to everyone in Mountain View. Two new families have moved into our community.

WELCOME

YONG & KUN KIM—14692 GRANDVIEW DRIVE (from Fullerton)

GEORGE & MARLENE CONNER—14751 GRANDVIEW DRIVE (from Moreno Valley)

Also, please make the following corrections to my phone numbers.

Please call me if you have new neighbors move in. I would love to visit them and welcome them to our community.

BOOK CLUB

By Shirley De Carlo

The book for March is **Eragon** by Christopher Paolini. We will meet at the clubhouse on Wednesday, March 23rd at 10:00 a.m.

Thanks to Dianna and Terry Kurr, we already have the selection for the month of April—**The Curious Incident of the Dog in the Nighttime** by Mark Haddon. We appreciate your involvement. This book will be discussed on Wednesday, April 27th at 10:00 a.m.

Come join us.

THE GARDENER'S CORNER

by Carole Sweeney

From the gardener's corner...Spring! It begins March 21st and not soon enough for most gardeners. This year's rain did a great job for us, feeding thirsty roots and strengthening our existing plants.

If you are planning to add a citrus or avocado tree this year, do so later this month through May, as the weather warms up. Paint their trunks with a white interior latex paint, mixed half and half with water, to prevent sunscald. Watch out for snails, as they love citrus. If putting out snail bait, throw some up into the tree and it will catch some small snails that are hiding there.

Feed your whole garden now with a balanced fertilizer, such as 10-10-10. Most plants are beginning to grow actively now, whether they are recently transplanted or are already established. Get rid of weeds while they are small. Water the day before weeding and the roots will come out easier. Don't neglect herbs when you are thinking of adding new plants. Rosemary and wooly thyme make attractive drought-tolerant groundcovers.

Garden Club news: please mark your calendar for our ***MountainView Garden Tour and Tea***, which is scheduled for Saturday, May 17. The garden tour will be from 11 am to 2 pm and tea will take place at the Clubhouse at 3 pm. Sharon Shavce and Sue Janssen will co-chair the tea and are planning a fun and elegant full tea. They would like to borrow any table covers frilly or lacy and any silver (already cleaned) to use as serving pieces. Call Sue at 242-0959, Sharon at 247-4772 if you can help. If you would like to include your garden in the tour, please call me at 485-0965. Flyers will come out in April.

POP-TOP UPDATE

By Nancy Berger

WOW! This will be hard for you to believe, but since the last report, we went from 17 pounds to a total of **56 POUNDS**. This additional 39 pounds came mainly from **Pete Hite** and his valuable sources with over 30 pounds. This equates to over 81,000 tabs. If every tab is worth 5 minutes on a dialysis machine—well, you can do the math.

Many thanks to **Pete**, his "sources," and all Mountain View residents who are participating in this worthwhile activity. It is truly inspirational to be a part of this effort. Every tab counts.

THANKS TO ALL!

Energy-Weight Management Program

By Sharon Cristino

**Come and join us at the Clubhouse
on Monday, March 7 at 6:00 p.m.**

Curves, thirty-minute fitness and weight-loss centers, is the fastest growing fitness franchise in the world. *Curves* locations are now found in all fifty states, Canada, Mexico, as well as seventeen other countries all around the world. Currently there are two clubs here in Moreno Valley, with a third being prepared to open in early March 2005.

The *Curves* circuit is a system of exercise that alternates hydraulic resistance machines with aerobic recovery stations, and ending with a stretching routine. Because you are moving fluid instead of weights, it is safe for any age or condition. Did you know that when you diet alone, 40% of the weight you lose is muscle? The key to permanent results is lean muscle. Strength training protects and increases lean tissue while raising metabolism.

A thirty-minute total workout, in a female-friendly environment, with complete weight-loss guidance, makes health and fitness an achievable goal.

Come in and visit us soon!

Locations

24525 Alessandro Blvd, #D, Moreno Valley, CA 92553 (951-243-3858)

or

Pajama Party

by Meredith Teague

LADIES—we're having a pajama party! Join us at the Clubhouse on Thursday, March 3rd, at 6:30 p.m. Wear a sweat suit or your most comfortable clothes and bring pillows. We'll watch a couple of "chick flicks," talk and have fun. BYOB and snack foods to share. It'll be fun!

Please call Meredith Teague to make reservations.



What's Cooking?

By Helen Grogan

STUFFED PEPPER SOUP

(Jack Janssen's Award Winning Recipe)

Ingredients:

- 2 lbs. ground beef
- 28 oz. tomato sauce
- 28 oz. diced tomatoes, undrained
- 2 cups long grain white rice, cooked
- 2 cups green bell pepper, chopped
- 2 each beef bouillon cube
- 1/4 cup brown sugar, packed
- 2 tsp. salt
- 1 tsp. pepper

Directions:

In a large saucepan or Dutch oven, brown beef and drain. Add remaining ingredients, except rice. Bring to a boil. Reduce heat, cover and simmer for 40-50 minutes. Add rice and serve.

Ladies' Luncheon

Steer 'n Stein

14950 Perris Boulevard
Moreno Valley, CA

March 15, 2005
12 noon

Good Food/Reasonable Prices

(Meet at the Clubhouse to carpool)

RSVP to Joyce Collins

Taste Testers Dine-Out Group

By Kay Howe

Thanks to all the brave souls who weathered the rains for our Valentine's Day Dine-Out on February 11th. Forty-eight neighbors met at Fusion Café for a lovely evening of dining, dancing, and visiting with good friends. Speaking of dancing, watch out for that George Sweeney! Neither Fred Astaire nor John Travolta can hold a candle to everyone's favorite couple, George and Carole Sweeney.

We welcomed a new resident, Mary Weims. Doris Asciak and Twila DeWalt were serenaded with "Happy Birthday." Tom DeWalt and Joanne Phillips were named Valentine Heroes for attending despite a shattered shoulder and recent knee surgery. Also, I would like to thank Jo Pavlik and Georgene Tacke for their help with the table decorations.

Please consider joining us for our next outing. If you know a good place to eat that can accommodate a crowd, I'd love to hear from you.

Taste Testers' Guide

The Wild Rabbit—1502 Barton Road, Redlands (909-793-2038)

Breakfast—Saturday and Sunday 8 am-2:30 pm

Lunch—Tuesday-Sunday 11 am-2:30 pm

Dinner—Tuesday-Sunday 5-11 pm

Jean's French Restaurant—592 N. La Cadena Drive, Colton (909-825-0905)

(Jean Trola, owner and chef, has run the restaurant for 40 years!)

Tuesday-Friday 11 am-2 pm and 5-9 pm

Saturday 5-9 pm

Creola's Restaurant—1015 E. Alessandro Boulevard, Riverside (951-653-8150)

www.creolasrestaurant.com

Sunday 4-8:30 pm

Wednesday-Saturday 5-9:30 pm

Closed Monday and Tuesday

BUNCO!!

Bring \$4.00 and Join Us at the Clubhouse

*Most Buncos - Peggy Meddings
Most Baby Buncos - Marge Kross
Most Wins - Shirley De Carlo
Most Losses - Doris Polley*

TUESDAY, MARCH 8, 2005

(2nd Tuesday of the Month)

6:30 PM at the Clubhouse

We had a "Souper" time last month and we would like to thank those of you who participated -- especially those who made Soup -- Bev, Sharon, Lori, Bonnie, Doris, Fran, Margie, Katie & Vicki—to say that it was marvelous just isn't enough!!!

For more information contact:

Sue Janssen - 242-0959 or Sharon Shavce - 247-2772

ESJanssen@adelphia.net or SShavce@Gmail.net

BINGO!

TUESDAY, MARCH 22, 2005

(4th Tuesday of each Month)

6:30 PM @ THE CLUBHOUSE

January's Big Winners: Burnie Kusyk (3), Helen Lukomski, Twila DeWalt, Doris Asciak, Marilyn Dawson, Katie Brambila Full House Winner: Bonnie Frahm

COST: \$4.00 AT THE DOOR

BINGO CARDS: 3 CARDS FOR \$1.00

Bring cheese, crackers and finger foods. Wine and other drinks will be provided.

For more information contact:

Godfrey Asciak (485-5138) or Mike Frahm (485-3095)

Spiritually Speaking ...

By Kay Donner

It is very exciting and pleasing to write that, after reading last month's article of Spiritually Speaking, two people have volunteered to lead small group studies.

Helen Grogan is eager to begin lessons on the Book of Ruth. This will be held during the day and will be for women only. As of yet, no times or dates have been established. If you are interested in this study group, contact Helen.

Margie Kross feels led to present a series of lectures/discussions to all who feel interested in "The Forty Spiritual Values." Again, details on dates and times have not been established. For further information, contact Margie.

I lead a small group that is open to anyone. We will begin a new study around the first of March, but have not yet decided what our topic will be. Please feel free to call me. Also, remember our formal prayer gathering on the 3rd Tuesday of each month at 10:30 a.m. We meet at my home at 28510 Grandview Avenue.

May the Lord continue to bless all of you.

NEEDED...

EXTRA UTENSILS (bread knives, pie servers, spatulas, serving spoons, forks, etc.) FOR THE KITCHEN IN THE CLUBHOUSE. IF YOU HAVE ANY TO SPARE AND WOULD LIKE TO DONATE THEM TO THE CLUBHOUSE, IT WOULD BE GREATLY APPRECIATED.

Searching for...

the owner of a set of maracas and a painted gourd used as decorations for the Cinco de Mayo last May. If these items are yours, call Sharon Shavce

Here's to Your Health

by Georgene Tacke

I'll bet that many of us have medications that have been prescribed for us by a physician or several physicians. Have you ever gone over all the medications you take, including the ones you buy over-the-counter and all your vitamins and herbs with one medical professional? Do you know what each one is, why you're taking them, and if they all can be taken together? Many people end up spending time in a hospital or dying due to inadvertent errors in taking medications. We read about errors made in hospitals where the wrong medication was administered or the wrong dose at the wrong time, but these same errors can be made at home.

You should always know what you're taking and why. Take a list of your medications with you every time you go to your health care provider. If they order a new drug, ask if it is compatible with the meds on your list. Remember—*aspirin, Tylenol, benadryl, Sudafed, etc.* are medications also. Herbs and vitamins can also be incompatible with some prescription meds. Always take a pencil and paper with you when you are at the office and write down what the prescriber tells you about the medication, when you are to take it, how long you should take it, do you need to take it with food or after or before meals, and any other information you need. Don't be afraid to ask questions. After all, it's your life that's involved. You need to write things down because as soon as you leave the office you usually forget all that was discussed or at least most of it. We all think we know what we're supposed to do and just hate to ask questions. Somehow we think we should understand all that is being said to us and if we ask questions it will make the doctor mad or make him/her think we are dumb. I've always told my students the only dumb question is the one you didn't ask. If the doctor gets upset, that's his/her problem not yours. It's your life, not theirs.

If you have trouble swallowing pills don't crush them with out first finding out if it's safe to do so. Some pills can't be crushed as they are designed to be released gradually and, if you crush them, you get all the medicine at once. If you take liquid medications ask the pharmacist for a measuring device so you get the correct amount every time. Don't use a teaspoon as they all hold different amounts and you need a specific dose. Some medications need to be taken on a schedule so that you always have a certain amount in your system. Develop a schedule that you can live with and stick to it. Many people have their "senior moments" and need to be reminded when they are to take their medications. If you have medications that are taken at certain times or on certain days, containers are available to organize your pills for a week at a time.

Medications should not be stored in the bathroom where they are exposed to the heat and humidity. A dark, dry kitchen cabinet is ideal. Don't share medications or save them from year to year. If you are on antibiotics, you need to take all that are prescribed for the ordered number of days and don't stop just because you think you're better. If a prescription is too expensive, tell the doctor. There may be a generic version that is less expensive. Most medications can cause side effects that can make you feel worse, but not everyone has side effects. Talk to the doctor about these and what can be done about them. There are many concerns with medicine, but there are also many benefits. Just act wisely and ask questions if you're not sure.

We take medications to keep us healthier, so don't let them make you sicker.

WHAT'S HAPPENING

by Joan Williams

Have you ever tasted better soup than we had at the **Community Super Bowl Cook-off**? We were lucky enough to have *eight* soups to choose from! The contributions ranged from bean soup, corn chowder, vegetable soup, Matzo ball soup, and the winner—once again (and this makes three years in a row!)—THE SOUP, made by Jack Janssen. I guess there's no doubt now. Our prize cook in the community is indeed Jack! Congratulations to you!

Many thanks to all who contributed to the success of the Super Bowl Cook-off: to Janet Papiernik and Sharon Cristino for the overall organization, to Joan and Joe Brodowsky for shopping and bartending, to Don and Meredith Teague for organizing and conducting the pool, and to the many others who helped set up and clean up. A good time was had by all.

Our community functions give us the opportunity to get together with old friends and make new friends—and everyone has such a good time! That makes it hard when we have to cancel a planned event. Last year our St. Patrick's Day Corned Beef and Cabbage Dinner was enjoyed by over 90 residents! This year we have not been successful in finding a volunteer to head up the committee. So, reluctantly, we have had to cancel the function.

Sometimes when we move into a new and active community like this one, we may form the idea that all functions are handled by a designated committee, and that we are not welcome into the group. Nothing could be further from the truth at Mountain View! Everyone is invited and is welcome to attend any social functions that we have—and that includes the planning of those functions. We are definitely NOT a closed group. We encourage your participation.

Our next Social Club Meeting for discussing future events will be at 9:30 a.m. on Wednesday, March 2nd, after the weekly Wednesday morning coffee hour. We welcome any resident who enjoys social activities to come down for coffee any time after 8:00 a.m. and stay for our meeting. And guess what! We will even offer you *more* coffee and snacks. We value your input, ideas, suggestions, help and participation. This is the way we can come up with more unique and fun events.

Our TGIF will take place on Friday, March 18 at 6:30 p.m.—the day after St. Patrick's Day. Our theme is THINK GREEN! What kind of green snacks can you come up with to share with your friends? Please, no old green moldy cheese! Hey, but how about lettuce or green tortilla roll-ups, green pistachio nuts, green M & Ms? Okay, maybe you can do better than I can. Never fear, we will not reject food that is not green. Are we that kind of community? I should say not!

We are so pleased at the response to our request for volunteers to manage the ongoing activities. Charlotte Lillard has met with several of our new community members, and is thoroughly enjoying welcoming them to our community. And what a good job Sharon Cristino and Kyung Son are doing with our advertising.

If you are interested in organizing a function, please give any officer on the Social Board a call. Our phone numbers are on the front of your newsletter. We love to have all of you involved in community activities. We are open to new ideas and welcome your participation.