



THE VIEW AUGUST 2004

Mountain View Community Association

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Hi Folks!

Summer's here in full force. This is my first experience with so many days in the triple digits and it is not even a heat wave. When the temperature drops to 98, the weatherman says we are in a cooling trend. Amazing!

For some tips on how to avoid heat-related illness, read "Here's to Your Health" by Georgene Tacke and, to help your plants survive the heat, Carol Sweeney has good advice in "Gardner's Corner." **Keep cool!**

Lori

The Prez Says by Katie Wenke

Thanks to Bob Vernlund for writing this article last month while I was wandering about the east coast visiting friends and family. I must say it is truly good to "come home to Mountain View!"

The streets are looking good. A fence is being installed across the drainage ditch and that area is being sprayed regularly for mosquitoes. Progress is being made slowly but surely. Ryland has agreed to put lighting at the San Jacinto gate. Thanks to Mayor Frank West, the city will also install lighting in that area. He says that takes a few months to do. Hopefully, Ryland will be done soon. Patience is a virtue, but I know we are tired of waiting.

I hear that some folks feel that "nothing is being done" about complaints or violations within our community. Letters have and do go out. Last month at least 29 first violation letters were sent out for either parking or lawns, plus 14 second violation letters were sent, as well as 4 letters of age verification. Several residents had hearings with the Board. Some residents ask for more time or for extensions due to extenuating circumstances. Generally, this is granted. Typically, violations are corrected prior to any fine being issued. Please call or e-mail our community manager, David Lidloff, when you have a complaint. If you feel there is a violation, you need to use the violation form. He shares your questions, concerns and violations with the Board.

A special thank you to Sue Janssen, Sharon Shavce, Janet Papiernik and Meredith Teague, outgoing officers of the Social Club, for your outstanding accomplishments and service to the community. Welcome aboard to the new officers Joan Williams, Marilyn Dawson, Janet Papiernik and Jo Pavlik. The Social Club organizes great activities. Come out and have fun!

RULES & REGULATIONS

The Board of Directors is setting aside the proposed changes to the Rules and Regulations (R/R's) that were mailed to each homeowner on June 28, 2004. It has come to our attention that many residents did not have a copy of the original rules dated April 1, 2001 for the Mountain View Community Association, nor the revised changes from October 2003. Copies of both documents will be mailed to each residence.

The Declaration of Covenants, Conditions and Restrictions (CC&R's) is a document that all homeowners received at the close of Escrow. The R/R's are written in simplified language (user friendly CC&R's) as stated in Article IV, General Duties and Powers, section 4.1 in the CC&R's.

Since all homes were not occupied at the time of the formation of the original Committee, the Board is establishing a new Committee, representing all areas of our community.

This Committee will be charged with the responsibility of reviewing the R/R's, which homeowners will now have in their possession. Recommended changes to the R/R's **MUST** comply with the CC&R's.

The Committee will consist of seven (7) members. If you wish to serve on the Committee, please submit your name to David Lidyoff. Former Committee members are welcome to submit their names to serve again.

Please submit your request to serve on the Committee to David by Friday, August 13th. At the next HOA meeting on Wednesday, August 18th, the Committee members will be named. If there are more volunteers than needed, there will be a drawing to select the members of the new Committee.

Mail your request to David Lidyoff, The Prescott Companies, 1655 E. Sixthth Street, Suite A1-B, Corona, CA 92879



BOOK CLUB

By Shirley De Carlo

The Book Club will meet at 10:30 a.m. on Thursday, August 26, at the clubhouse to discuss ***THE ALCHEMIST*** by Brazilian author Paulo Coehlo.

What do former President Bill Clinton and Julia Roberts have in common? Both have read our selection. An international bestseller, originally written in Portuguese, it is the story of an Andalusian shepherd boy who travels from his homeland in Spain to the Egyptian desert in search of a treasure buried in the Pyramids.

Join us as we discover magic, dreams and the treasures we seek elsewhere only to find them at our doorstep.



Neighborhood Watch

by Rick Hansen

Attendance at our Neighborhood Watch programs have been disappointing with only two or three people at the meetings. The information packets for distribution at these meetings are imperative for every resident.

In light of the burglary reported last month and an attempted entry into the complex through a pedestrian gate, remember that it is the responsibility of each of us to stay alert to strangers in and around our community.

Also, there are complaints of some residents letting their dogs out early in the morning, who leave "deposits" in other residents' yards. Please keep your dogs in your own yards and pick up after them.

The next meeting for all residents is on Wednesday, August 11th at 7:00 p.m. at the clubhouse. Please plan to attend with your questions and suggestions, so we can communicate as a community. A zone captain meeting will be held at 6:30 p.m. preceding that meeting.



THE GARDNER'S CORNER

by Carole Sweeney

From the gardener's corner... August will be very hot so water, water and water. **Prune** – Continue to remove faded flowers from annuals and perennials for repeat bloom, but let a few flowers go to seed for next summer. Take root cuttings of your favorite perennials, including Pelargoniums and Zinnias. I use 4-inch pots filled with planting mix and sit them in a warm shaded spot. Divide bearded iris when the clumps get crowded, about every three years. Add a little amendment to the soil before you replant the rhizomes about one foot apart. Hedges and shrubs will still need to be trimmed this month, but not every plant has to be sheared into a ball or box. You can thin out a shrub in a natural form. **Mulch** – Keep adding to your mulch all summer long to keep roots cool, conserve water and foil weeds. When it decomposes, it enriches the soil. Remember to add mulch after watering or you will insulate dry soil rather than moist soil. **Weed** – keep pulling those weeds, for many start blooming now and will blow all over your garden. The best time is early in the morning when the soil is moist and the weeds pull up easily.

Garden Club news... Sharlene Mauritz, Master Gardener, will be our speaker in August. Her specialty is "Growing Rare Fruit in our Area"— an interesting topic. See the enclosed flyer.



SINGLES CLUB by Joanne Nagasaka

The Singles Club will meet in the clubhouse

NAME TAGS



Janet Papiernik is now taking orders for name tags for residents. Cost is \$6.00. If you are interested in purchasing one, call Janet. You can pay with cash or a check made out to "Mountain View Social Club."

BULLETIN BOARDS

By Maggie August

Montage

When you are at the clubhouse, check out the picture montage of activities enjoyed at the planned socials and clubs. The montage will be changed frequently, so be observant...Maggie will be around with her camera. Also, more pictures of veterans would be appreciated for a Veterans' Day montage. Give them to Maggie. She will scan the pictures for the montage and return them to you.



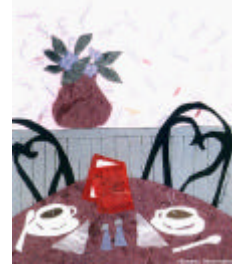
Post It

A second bulletin board has been installed in the clubhouse for residents to use to post messages. Would you like to meet others informally for card, board or other games? Do you need help with something around the house or yard? Are you able to help someone fix odds and ends? Just post a message on the board and see if you get a response. It's a great opportunity to use the beautiful, cool clubhouse and/or patio. Post it on the bulletin board. Reach out to your Mountain View neighbors.

Contact Maggie August at 14540 Grandview Drive

Ladies Luncheon

Tuesday, August 17, 2004
1:00 pm



The Oaks

2986 N. Perris Boulevard
Perris

Meet at the Clubhouse at 12:30 pm to carpool.

Deadline to RSVP is August 13th.

Call Joyce Collins

Paint on Glass



Are you interested in learning to paint on glass? Depending on the interest, we will set up a time and materials-needed list. Some painting ideas include wine glasses, bowls, plates, pitchers, etc. You select your own pictures—greeting cards are an excellent source.

Call Jo Pavlik

CATCH A RISING STAR



WHERE: Clubhouse

WHEN: Saturday, August 14—5:30 TO 8:00 pm

HOSTED BY: Micki Stewart & Christa B. Allen

Bring your grandchildren to the movies—“**13 Going on 30**,” a PG-13 rated romantic comedy with Jennifer Garner and her young and talented co-star Christa B. Allen (12 years old). Christa is the granddaughter of resident Micki Stewart and will be co-hosting the evening. Refreshments will be served after the movie. Christa will be pleased to answer your questions, sign autographs and pose for photos.....so bring your cameras. Seats are limited and on a first-come basis. Call Micki (486-0161) for reservations.

Note: Please don't be discouraged at the PG-13 rating. Call Micki if you have a concern.

BUNCO

*We've Had a Great Turnout and the Winnings Have Increased
Come Join the Fun!*



Most Buncos - Michael Frahm (\$18.00)
Most Baby Buncos - Twila De Walt (\$5.00)
Most Wins - Sharon Cristino (\$19.00)
Most Losses - Katie Brambila (Got her \$3.00 Back!)

TUESDAY, AUGUST 10, 2004

(2nd Tuesday of the Month)

6:30 PM

Bring your favorite appetizer, we'll have wine and margaritas!

For more information contact:

Sue Janssen - 242-0959 or Sharon Shavce - 247-2772

ESJanssen@adelphia.net or SShavce@Gmail.net

LOGO NEWS !



We are starting to see "The View" in a new light....on shirts, visors, hats and totes! Glad to see community spirit displayed! You can order anytime, but we will send in orders as they accumulate. In September, we will have a new order form with seasonal apparel to include sweatshirts and windbreakers. If you have a special item that you would like embroidered with our logo, give me a call. Watch for news right here in "The View".

Call Jo Pavlik

Remember...Be Cool, Wear The View !

WANTED!

BALL ROOM DANCING INSTRUCTOR

We need to learn to dance in time for our Valentine's Prom next February. Is there anyone who will volunteer to teach Ballroom Dancing to our residents one or two nights a month to prepare us for this challenge?

Please contact Joan Williams at joanjwms@hotmail.com.



Here's to Your Health

By Georgene Tacke, RN, MS (242-0945)

It seems summer has really arrived. Here are just a few words of caution for all during these really WARM days. Some think of heat-related illness as something that only affects people who are overdoing it, but heat can affect anyone, especially those who are more mature. Heat stroke occurs when the body is unable to regulate its temperature. The body's temperature rises rapidly, the sweating mechanism fails and the body is unable to cool down. People with certain medical conditions or who take medications to treat those conditions are at a greater risk in hot weather. Some medications that can increase this risk are some psychotropic medicines, anticholinergics, beta-blockers and some herbs and other alternative medicines. Alcohol also increases the danger.

In order to work well, the body has to stay at a normal temperature. The most common reaction to heat is sweating as perspiration evaporates off your skin to cool your body. Your heart beats faster even if you're sitting perfectly still as it pushes the blood closer to the surface of the body to help it cool down.

A number of common health conditions raise the risk of heat stroke including heart disease, high blood pressure, diabetes and obesity. Risks may increase due to medications used to treat these conditions. You may want to check with your doctor or pharmacist regarding medications you are taking.

Signs of heat exhaustion, which may occur first are dizziness or fainting, heavy sweating, muscle cramps, cold or clammy skin, headaches, rapid heartbeat and nausea. If you have these symptoms, get out of the heat, drink water, juice or sports drinks (unless your doctor tells you otherwise), and get medical attention. Untreated, heat exhaustion can lead to heat stroke, which is an emergency. The signs of heat stroke are rapid heartbeat, confusion or delirium, warm dry skin (no more sweat), fever of greater than 104 degrees, severe headaches, seizure or muscle twitching, unconsciousness, or death. Heat stroke needs immediate attention. **Call 911.**

If you're at higher risk for heat-related illness due to a medical condition, take extra precautions. Remember, you need to get out of the heat sooner than the people around you.

To prevent heat-related illnesses:

- Don't go outside during the hottest times of the day.
- Spend time in a cool place.
- Drink extra water (unless your doctor tells you not to) and avoid alcohol and drinks with caffeine.
- Wear loose-fitting cotton clothing.
- Pay attention to weather reports and try to plan ahead for hot days.

We need to make sure we check on older friends or relatives and make sure that they're staying cool on hot days. You also may want to check with your health practitioner to find out if you're at higher risk and how to protect yourself.

Take good care of yourselves and enjoy!

Please remember to consider the businesses that place ads in "The View". If you use their service, inform them of where you saw their ad. It helps procure and maintain ads if the businesses know that their ads are working for them.

Also, if you are pleased with the service that you receive from a business, ask them if they would like to run an ad in "The View." We go out to 255 homes of some of the nicest people in Moreno Valley, all at a minimum cost. Call me for further information or to place an ad. Thanks.....Cathy DeWalt 951-675-4232 or 714-336-7345

WHAT'S COOKING?

by Jain Householder (485-3222)



Hello Neighbors . . .

Well, here it is, the middle of July and time for another recipe column. Time sure flies when you are having fun . . . especially when the fun involves eating. Speaking of "cooking," I feel like I am stepping onto the barbecue grill every time I walk out my front door. Not only the weather, but what is the deal with all these fires? This is craaaazy! I was driving through Corona yesterday and there was a helicopter above me dumping a load of water (or whatever they dump) on some houses on the top of a hill. The fire was on the side of the hill and working its way up . . . right there next to me in the middle of town . . . and people just seemed to be going about their business as usual. Amazing! Then last night driving down Redlands in the dark, I saw an orange glow coming from behind the mountains to our east. That must have been some huge barbecue!!!

Speaking of barbecues, I missed the 4th of July celebration, but I heard from very reliable sources that the food was "outstanding." Here is the prize winning recipe from the Cake Contest. The winner was Judy Kathriner. She said it was the first time she made the recipe, and she doubled it for the occasion. It's a good thing she did, because it was gone in a flash! Here is here recipe. Watch for Peg Meddings' Cinco de Mayo Chicken Casserole you have requested in the September issue of "The View."

CARAMEL APPLE CAKE

- 1 ½ cups Original Bisquick
- 2/3 cup granulated sugar
- ½ cup milk
- 2 medium cooking apples, peeled and sliced (2 cups)
- 1 tablespoon lemon juice
- ¾ cup packed brown sugar
- ½ teaspoon ground cinnamon
- 1 cup boiling water
- Sweetened whipped cream or ice cream, if desired

Heat oven to 350° F. Mix Bisquick and granulated sugar in medium bowl. Stir in milk and blend.

Pour into ungreased square pan, 9x9x2 inches. Top with apples; sprinkle with lemon juice. Stir together brown sugar and cinnamon; sprinkle over apples. Pour boiling water over apples.

Bake 50 to 60 minutes or until toothpick inserted in center comes out clean. Serve warm with whipped cream.



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WHAT'S HAPPENING

by Joan Williams

A good time was had by all at our third annual 4th of July Celebration. We certainly do have good cooks in this community! One of the high points was our cake contest, which was won by Judy Kathriner with her delicious Caramel Apple Cake. (Look for the recipe in this issue of "The View.")

We have planned a year chock-full of activities for our collective enjoyment. (See our schedule below.) Since we have a monthly HOA meeting, the Social Club has decided to have quarterly meetings with interesting speakers. Our next meeting will be in October when our neighbor James Ricks will tell us about his experiences caddying for celebrities.

Take a look at our upcoming schedule. There are many opportunities to get to know our neighbors better and make Mountain View *a great place to come home to*.

SOCIAL CLUB CALENDAR FOR 2004-2005

AUG 20 TGIF

SEPT 26 LUAU

OCT 6 SOCIAL CLUB 6:30 pm—Guest Speaker James Ricks—"Caddy to the Famous"
15 TGIF

NOV 12 TGIF—Veterans' Day Celebration 6:30 pm
20 HOLIDAY BOUTIQUE 10:00 am to 4:00 pm

DEC 12 HOLIDAY PARTY & GIFT EXCHANGE 6:30 pm

JAN 1 NEW YEAR'S BRUNCH & PARADE WATCHING 9:00 am
5 SOCIAL CLUB 6:30 PM—Guest Speaker—Moreno Valley Historical Society—
"The History of Moreno Valley"
30 SUPERBOWL SOUP COOK-OFF

FEB 13 VALENTINE'S DAY SENIOR PROM OR TEA DANCE

MAR 13 ST. PATRICK'S DAY CORNED BEEF & CABBAGE DINNER

APR 5 SOCIAL CLUB 6:30 pm—Speaker to be selected
ITALIAN LASAGNE DINNER

MAY 14 RESIDENT'S GARDEN TOUR & TEA 4:00 pm —Memorial Day Fundraiser

JUNE 8 SOCIAL CLUB ELECTIONS 6:30 pm
17 TGIF—Appreciation Party for all Volunteers in all Clubs

JULY 4 4TH OF JULY CELEBRATION 6:00 pm—Potluck

Check your calendar, and participate! The more you do, the more fun you'll have!